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# Grade 3 Islamic History

— Sample Packet —

*A preview of the textbook, student workbook, and teacher manual  
for Unit 1, Chapter 1: The Patience of Prophet Yaqub (AS)*

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Minneapolis, Minnesota

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## About This Sample Packet

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This sample packet provides a preview of how Muslim Legacy Series delivers structured, citation-based, and developmentally appropriate Islamic education.

Muslim Legacy Series is a complete K-12 Islamic education system designed for schools, institutions, and families. Each grade level includes a Student Textbook, Student Workbook, and Teacher Manual — all working together as an integrated learning system.

### **Inside this sample:**

- A textbook chapter — the core lesson students read and learn from
- Student workbook activities — vocabulary, comprehension, reflection, and creative exercises
- Teacher guidance — chapter purpose, teaching sequence, discussion prompts, and assessment

*All content is extracted directly from the Grade 3 Islamic History Canon materials, published by Muslim Legacy Series LLC.*

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TEXTBOOK SAMPLE

## Unit 1: The Family of Prophets

*What does it mean to hold a family together through jealousy, loss, and separation?*

### The Big Question

How does a family stay faithful to Allah when everything seems to be falling apart?

### Unit Learning Goals

- Understand how the story of Yaqub (AS) and Yusuf (AS) reveals Allah's plan working through suffering (Qur'an 12; Ibn Kathir, Qisas al-Anbiya)
- Define sabr, tawakkul, and forgiveness and locate each in the story
- Explain what 'beautiful patience' means and how it differs from giving up
- Connect the prophets' trials to their own experiences of waiting and loss

**Key Vocabulary:** *Sabr · Tawakkul · Forgiveness ('Afw) · Canaan · Egypt · Caravan · Minister · Famine*

## Chapter 1

## The Patience of Prophet Yaqub (AS)

### Essential Question

When everything you love is taken from you, what does it look like to still trust Allah?

Term	Meaning
<b>Sabr</b>	Patient endurance and trust in Allah during hardship. Sabr is active, not passive — it means turning to Allah, not giving up.
<b>Canaan</b>	An ancient land near the eastern Mediterranean, roughly modern Israel, Palestine, and Jordan. The homeland of Prophet Yaqub (AS).
<b>Jealousy</b>	Wanting what another person has in a way that leads to harmful choices. The opposite of gratitude.
<b>Prophet</b>	A person chosen by Allah to receive and deliver His message to people.
<b>Tribe</b>	A large family group descended from one ancestor. The twelve sons of Yaqub (AS) became the Twelve Tribes of Israel.

### The Story Begins

Long ago, in the land of Canaan, there lived a great prophet named Yaqub (AS). His name means ‘the one who follows,’ and he was a son of Prophet Ishaq (AS) and a grandson of Prophet Ibrahim (AS). Allah had blessed Yaqub (AS) with many children — twelve sons who would one day become the fathers of twelve great tribes. (Ibn Kathir, Qisas al-Anbiya; Qur’an)

Yaqub (AS) loved all of his sons, but he had a very special love for his youngest two: Yusuf (AS) and Binyamin (AS). The older brothers noticed this and felt a flame of jealousy growing in their hearts. (Qur’an 12; Ibn Kathir, Qisas al-Anbiya)

### The Dream That Changed Everything

One morning, young Yusuf (AS) ran to his father with shining eyes. ‘Baba!’ he said, ‘I had a dream! I saw eleven stars, and the sun and the moon — and they were all bowing down to me!’ (Qur’an 12; Ibn Kathir, Qisas al-Anbiya)

Yaqub (AS) listened carefully. He was a prophet, and Allah had given him wisdom to understand dreams. He pulled Yusuf (AS) close and said gently, ‘My dear son, do not tell your brothers about this dream. I fear they may become jealous, and Shaytan may use their jealousy to harm you. Allah has a great plan for you — be patient and keep this close to your heart.’ (Qur’an 12; Ibn Kathir, Qisas al-Anbiya)

Yusuf (AS) nodded and held the secret safely. But the older brothers had already seen how their father’s eyes lit up when Yusuf (AS) entered the room. (Qur’an 12; Ibn Kathir, Qisas al-Anbiya)

## The Trial of Yaqub (AS)

One day, the brothers came to their father with a plan. ‘Let Yusuf (AS) come with us to play and graze the flock,’ they said. ‘We will take care of him.’ Yaqub (AS) felt a worry in his heart, but he agreed. He told Yusuf (AS) to go — and he prayed. (Qur’an 12:7-20; Ibn Kathir, Qisas al-Anbiya)

That evening, the brothers returned without Yusuf (AS). They were crying, holding his shirt — stained with the blood of a wolf. ‘A wolf came and ate him!’ they wept. (Qur’an 12; Ibn Kathir, Qisas al-Anbiya)

Yaqub (AS) looked at their faces. He looked at the shirt. Something did not feel right. His heart knew the truth, even if he could not prove it. He said quietly, ‘No — you have arranged this yourselves. But I will have beautiful patience. And Allah is the One I ask for help against what you describe.’

He turned away and wept — not just for Yusuf (AS), but for the trust that had been broken. Yet even in his deepest grief, Yaqub (AS) never stopped trusting in Allah.

### Lessons from This Chapter

Jealousy is a fire that harms the one who holds it.

Yaqub (AS) showed us that sabr means trusting Allah even when things seem hopeless.

True love does not give up, even after great loss.

Prophets are human too — they feel sadness and pain. But they turn to Allah first.

### Thinking Deeper

Yaqub (AS) said he would have ‘beautiful patience.’ What makes patience beautiful?

Think of a time when you had to wait for something very hard. What helped you keep going?

### Chapter Summary

- Prophet Yaqub (AS) lived in Canaan with twelve sons, loving Yusuf (AS) most dearly.
- The older brothers grew jealous and threw Yusuf (AS) into a well, telling Yaqub (AS) a wolf had killed him.
- Yaqub (AS) saw through the deception but responded not with rage — with sabr, beautiful patience.
- He never stopped trusting Allah, even when his heart was broken.

### Grandpa Siddiqui Asks

1. What is sabr, and how did Yaqub (AS) show it when his son was taken?
2. Why did the brothers feel jealous of Yusuf (AS), and what did jealousy lead them to do?
3. Yaqub (AS) said he would have ‘beautiful patience.’ In your own words, what makes

patience beautiful?

## WORKBOOK SAMPLE

**Chapter 1: The Patience of Prophet Yaqub (AS)****Prophet Yaqub (AS) Sabr — Beautiful Patience · صبر****A) Vocabulary — Write the Meaning**

Write what each word means in your own words. Use the textbook if you need help.

Term	Meaning
Sabr	
Canaan	
Jealousy	
Prophet	
Tribe	

**B) Comprehension Questions**

**1. Who was Prophet Yaqub (AS), and why did his sons become jealous of Yusuf (AS)?**

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**2. What happened when Yaqub (AS)'s sons took Yusuf (AS) out to the fields?**

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**3. What does 'beautiful patience' mean? Use words from the story.**

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**C) Reflection — Grandpa Siddiqui Asks**

Think about a time when you had to wait for something difficult. What helped you keep going? How did that feel like sabr?

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### D) Draw the Story

Draw the moment when the brothers returned to Yaqub (AS) with Yusuf (AS)'s shirt. Show Yaqub (AS)'s face.

[Student drawing area]

Caption: \_\_\_\_\_

### E) Timeline Entry

Fill in what happened and what you learned from these key events:

Event	What happened?	What did we learn?
<b>Yaqub (AS)'s 12 sons</b>		
<b>Yusuf (AS) is thrown in the well</b>		
<b>Brothers return with the shirt</b>		
<b>My addition:</b>		

## TEACHER MANUAL SAMPLE

**Chapter 1: The Patience of Prophet Yaqub (AS)****Chapter Purpose**

Students will understand that sabr (patient endurance) is active trust in Allah, not passive resignation.

Through Yaqub (AS)'s story, they will see what it looks like to maintain faith when something deeply precious is taken away.

**Key Teaching Points**

- Sabr is not silence — it is turning to Allah in difficulty
- Jealousy is a spiritual illness that harms the one who holds it
- Prophets feel real human emotions; their greatness is in how they respond
- Yaqub (AS)'s response reveals a framework for dealing with loss: trust, not bitterness

**Teacher Vocabulary (Plain English)**

Term	Meaning
<b>Sabr</b>	Patient endurance; not passive, but active trust in Allah
<b>Canaan</b>	Ancient region roughly equivalent to modern Israel/Palestine/Jordan
<b>Jealousy</b>	Desire for what another has, leading to harmful action
<b>Prophet</b>	One chosen by Allah to deliver His message
<b>Tribe</b>	Extended family group descended from one ancestor

**Story Summary for Teacher**

Yaqub (AS) had twelve sons and loved Yusuf (AS) especially. The older brothers grew jealous. They threw Yusuf (AS) into a well and told their father a wolf had killed him. Yaqub (AS) knew something was wrong but could not prove it. His response was not rage but sabr — he turned to Allah rather than toward bitterness.

**5-Step Teaching Sequence**

**1. HOOK** (5 min): Ask students: 'Have you ever known something was wrong, but couldn't prove it? How did that feel?'

**2. KEY TERMS** (10 min): Review vocabulary table. Emphasize the active nature of sabr. ‘Sabr doesn’t mean you stop caring. It means you care AND you still trust Allah.’

**3. NARRATIVE READING** (15 min): Read aloud Chapter 1. Pause at the Grandpa Siddiqui opening — ask: why does the story begin with a grandfather telling a story? What does that frame do?

**4. THINKING DEEPER** (10 min): Use the box questions. Focus on ‘beautiful patience.’ What makes patience beautiful vs. ugly? Let students debate.

**5. WRAP-UP** (5 min): Ask students to complete the Workbook vocabulary and first reflection prompt. End with: ‘What would you do if you were Yaqub (AS)?’

### Discussion Prompts

- Why do you think the brothers felt jealous, even though their father loved all of them?
- Yaqub (AS) said he knew a wolf didn’t take Yusuf (AS). How do you think he knew?
- What is the difference between giving up and having beautiful patience?

#### Classroom Activity

Paired storytelling: Students retell the story from two perspectives — Yaqub (AS)’s and the oldest brother’s. They share with a partner.

#### Workbook Guidance

Students complete Chapter 1 Workbook: vocabulary, comprehension questions, reflection, and Draw the Story.

#### Assessment Guidance

Exit question: Ask students to explain in one sentence what sabr means — in their own words, not the textbook’s.

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